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The One Thing: 66 Day Workbook (Entrepreneur Workshop) (Volume 1)



Synopsis

The top 1% of all books on Answering the questions: • How do I want to spend my days? • What should my One Thing be? • Why do I want my One Thing? • How will I achieve it? • Do I possess the Will to Win? • Do I give up too soon? • Can I adapt and shift in today's times? • Do I have self-defeating habits? • Can I change bad habits? • Why do I need a Journal?

How do you want to spend your days? Above all else, what is the most important one thing for you to spend your days doing? When you look back on your final day, will you say you lived the life you wanted? Of the many things you did, what will be the one thing that really defined you? What was the one thing that made it wonderful for you, and for those you loved? No matter your age, no matter your circumstances, you can still create and live that kind of life now. You are never too young, or too old to change. Each day is a new start. No matter what setbacks may have occurred you can overcome them if you do not stop. Do not stop three feet from gold.

Book Information

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Customer Reviews

This workbook was such a waste of money. I even spent more to have it shipped faster and was greatly disappointed when I opened it up and read the 5 or 6 pages the author "wrote" giving a small synopsis of the book and constantly repeating himself of what he said before. The rest of the pages are just the exact same pages that have 5 questions that you could have made on your own literally in 1 minute. Maybe I was over expecting on what this workbook would be. The 5 questions are 1. What is my one thing?, 2. What will I do today to move forward, 3. Did I accomplish today's one

thing? Yes or No, 4. If not what did I do instead?, 5. What took me off track? Same things in the book so don't waste your time and just make a word document for 66 days with those on there.

Great workbook

Very good. Highly targeted. Simple.

The ONE Thing book is not complete without this Workbook for follow-up!

In my enthusiasm for just having read The One Thing, I bought this thinking it was from the same people. It is not. (My mistake for hastily looking at the cover - a close approximation of the original's, but missing "the" above the "one" - and not reading the reviews.) Potential purchasers should know it only consists of 29 pages of content (including the intro pages, quotes from other authors that take up whole pages) and 66 pages of the same form to fill out each day. The content is highly dependent on other books and authors (Duhigg, Sinek, etc.) on related topics. I wish the author well in his personal journey and improving future works.

The workbook has very little content and repeats the same thing on over half the workbook. It is a valuable question set from the actual book, which is the question set repeated. If you like content this is not the book for you. My recommendation would be to use the resources from the one thing.com site listed in The one Thing Book. It does provide a structure however the same could be achieved through a blank notebook.

It's a use full way to track my One Thing everyday for 66 days. Yes, you can make your own quickly, but it's nice to have it already done for you and in this little book form. Great to keep with me through out the day to ensure I'm staying on track. Sometimes it's nice to have hard copies of journals rather than digital.

Seems fine

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